



**Blood
cancer
UK**

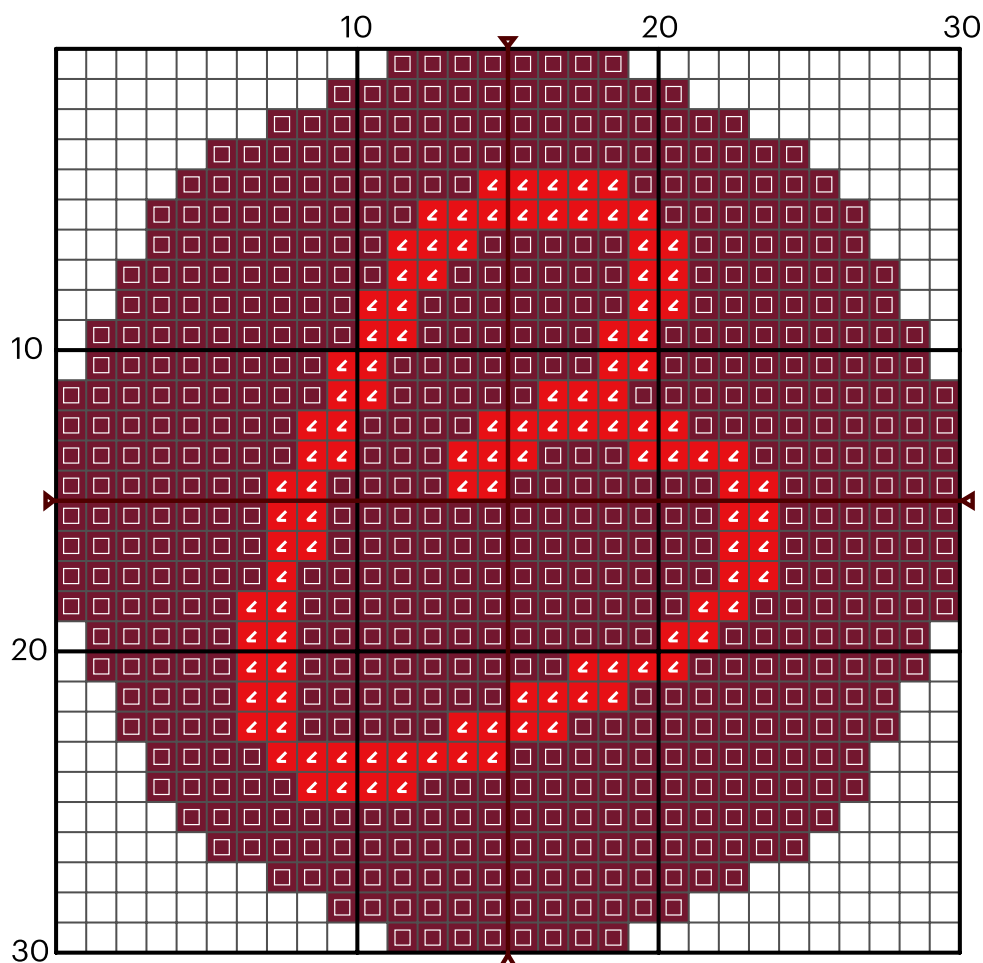
Craft for a Cure

Craft template collection



Cross-stitch b-heart

You will need 14-count aida (30 stitches x 30 stitches, cut extra for framing), scissors, a needle, pencil, frame/hoop, red and burgundy (or purple!) floss.



1. Cut your aida to size, we recommend cutting a 60 x 60 stitch square for this template so it's easier to work with.

2. Stitch your piece!

Quick tip 1: You can fold your aida in half twice to find the midpoint and start from here.

Quick tip 2: You can colour your pattern directly on the aida with a pencil so it is easy to follow.

3. Finalise your piece by framing or attaching to a backing to make an ornament.



Complete the full pattern or just the b-heart!

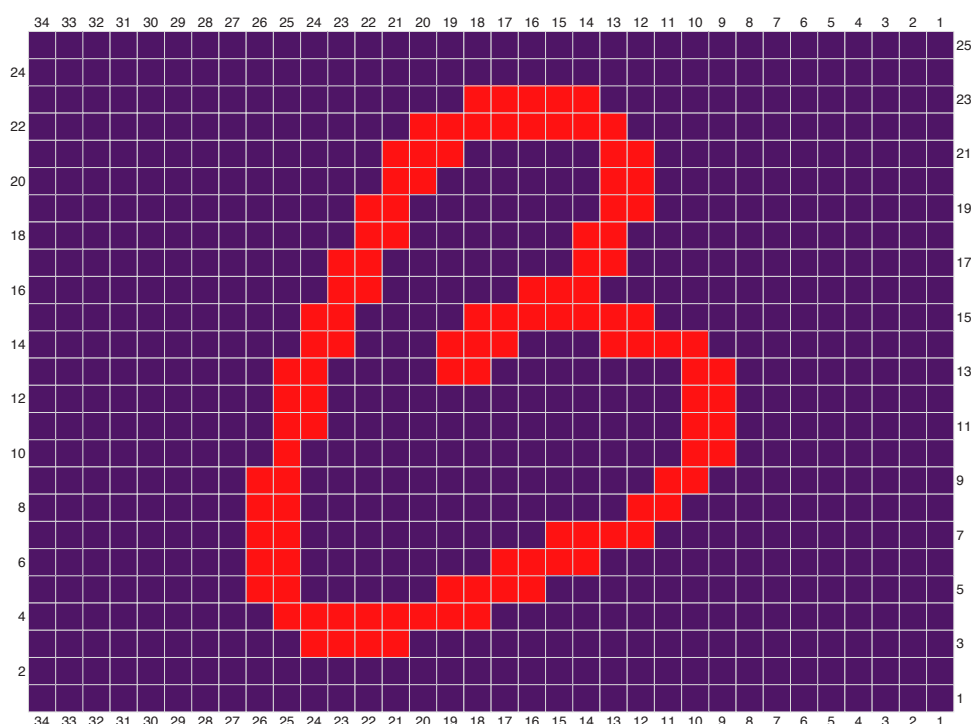


Crochet b-heart

You will need red and purple (or burgundy) DK yarn, a 4mm crochet hook, scissors, a yarn needle, and your crochet chart.

For this pattern, we worked in half treble crochet (UK terms). You will change colour midway through each row. Follow the crochet chart to see where this happens.

Tip 1: To change colour in a stitch, start your half treble crochet as normal (yarn over, insert hook, yarn over, pull up a loop – you will have 3 loops on your hook). Yarn over with your new colour, and pull through all 3 loops to finish the stitch. Then continue crocheting with the new colour. Carry the unused yarn across the row by working over it as you go.



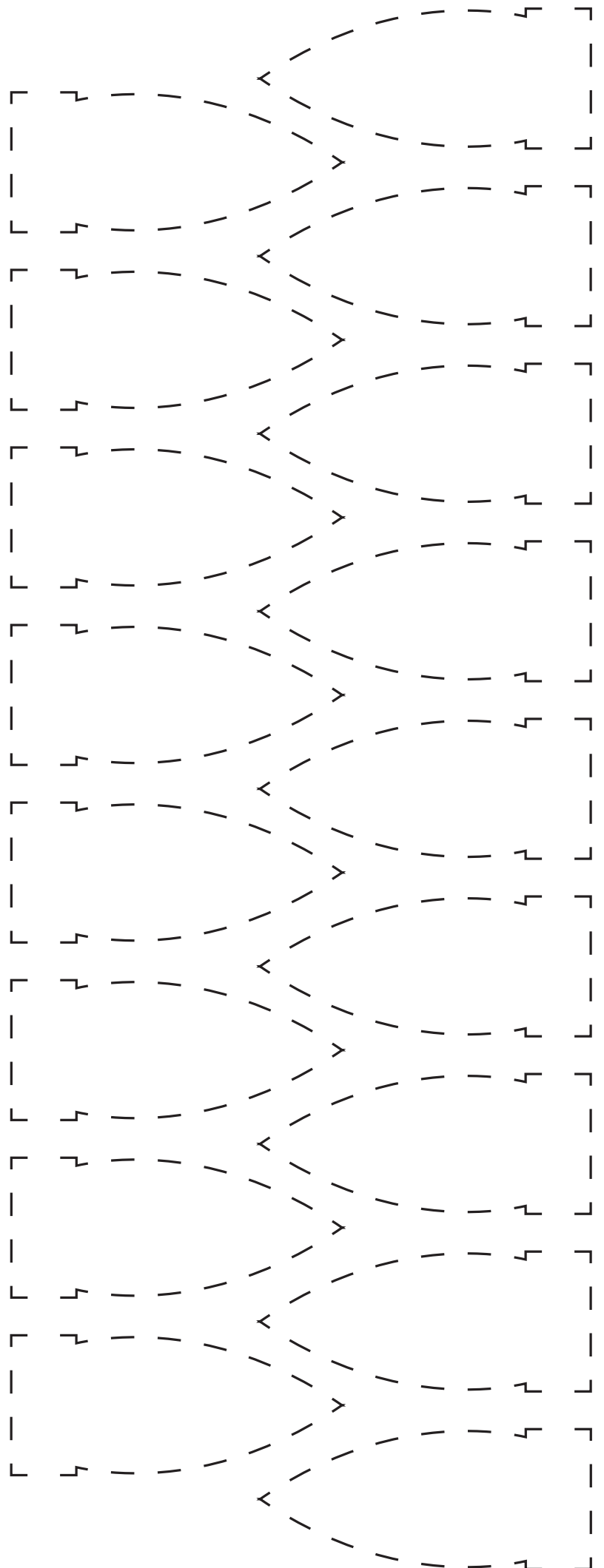
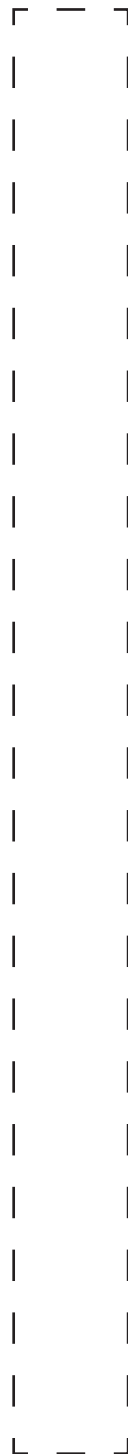
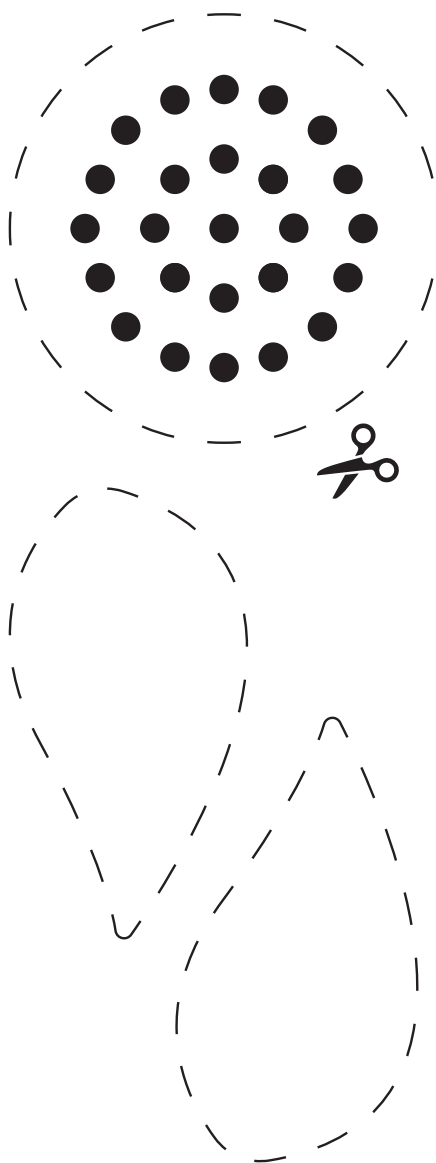
1. To begin your granny square, chain 35.
2. Skip the first 2 chain stitches, then work 1 half treble crochet into each chain across the row.
3. You should have 34 stitches in total. This is your first row. Turn your work. From here, follow the crochet chart, starting from the second row. Each square on the chart represents one stitch.
Tip 2: Remember, for row one, read the chart from left to right. After turning your work, for row two, you should read the chart from right to left. Repeat this sequence for reading the chart every time you turn your work and start a new row.
4. Add a border of your choice to finish your granny square, then sew in any loose ends. You can use your finished squares to create different projects, such as a blanket, bunting, or placemats.



Build a sunflower

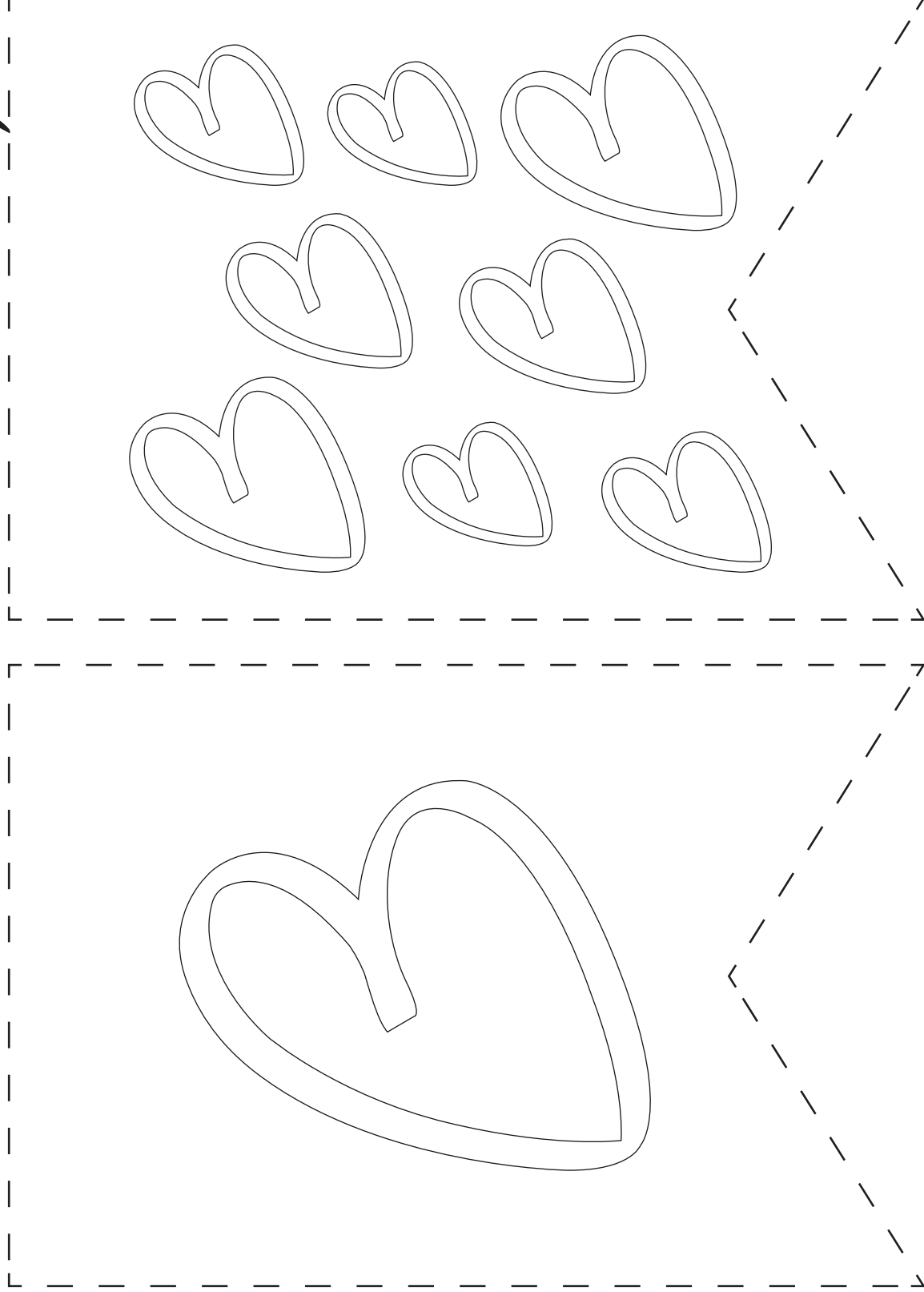
You will need scissors, paint or pencils, glue.

1. Colour in your sunflower shapes.
2. Cut out the shapes.
3. Glue together your sunflower!



Colouring bunting sheet

You will need scissors, paint or pencils, ribbon or string, glue or tape or a stapler.

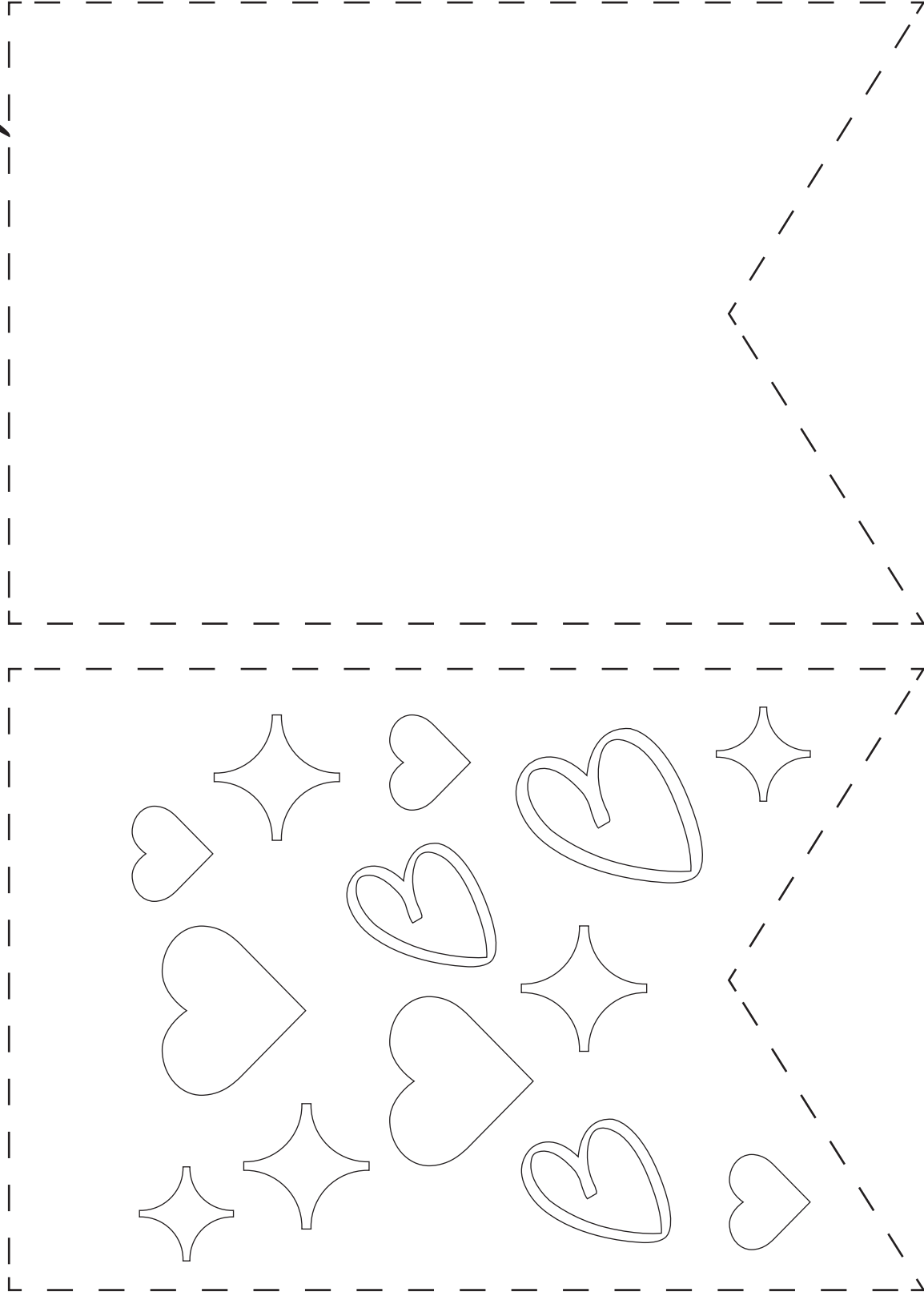


1. Print as many of these pages as you need.
2. Colour in your designs.
3. Cut round the dashed lines carefully.
4. Fold the tops over a piece of ribbon or string and secure in place with glue, tape or staples.



Colouring bunting sheet

You will need scissors, paint or pencils, ribbon or string, glue or tape or a stapler.



1. Print as many of these pages as you need.
2. Colour in your designs.
3. Cut round the dashed lines carefully.
4. Fold the tops over a piece of ribbon or string and secure in place with glue, tape or staples.

