

Transcript

Blood Cancer UK: Symptoms of blood cancer video

Voiceover by Gemma, Support Service Nurse:

There are many possible symptoms of blood cancer, and they vary depending on the type of blood cancer.

But, the most common symptoms are:

- unexplained bruising or bleeding
- pain in your bones, joints or tummy area
- frequent infections
- tiredness that doesn't improve with rest or sleep
- unexplained fever
- unexplained rash
- unexplained weight loss
- shortness of breath
- paleness or pallor
- drenching night sweats
- lumps or swelling.

Some symptoms, like bruising, rashes and pallor can look different on different skin tones. You can find out how to spot these on the Blood Cancer UK website.

Voiceover by Paul, living with blood cancer:

The biggest symptom that kept bothering me the most was this cough/cold/infection that I just couldn't get rid of. And it was only retrospectively after diagnosis that I realised the other symptoms, that I had just put down to getting older.

Voiceover by Gemma, Support Service Nurse:

If you are experiencing any of these symptoms and are worried about blood cancer, please visit your GP. There are many different types of treatment for blood cancer, and many more are being developed all of the time.